

Annual Report 2019-2020





Antur Waunfawr

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Charity number: 515445

Company number: 1832813



A word from the chief-executive

Before Covid-19 hit in late March, 2020 it had been a productive and stable year for Antur Waunfawr. We were able to offer more services for individuals with learning disabilities and as a result more staff were appointed to support them. It has also been a productive year for our investments, with work starting on the Porth yr Aur, and our 'Green Shed' (Sied Werdd) project in Cibyn being supported. New partnerships have also been established and despite the end of year disruption, the long-term prospects for Antur are positive.



I very much hope you enjoy reading this Annual Report which summarises the main achievements of our events and projects throughout the year. The health and well-being and work of the 3 green businesses were prioritised, but there was plenty of fun and enjoyment. We are extremely proud of the effort and dedication of everyone at Antur, and the success of the initiative belongs to everyone. We look forward to 2020 confidently with the aim of achieving the same high standard of service, providing additional experiences and opportunities for the existing workforce, and also extending a welcome to new people.

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Aims & objectives

RESPECT

We show respect for individuals with learning disabilities, staff, the public, the community and our culture at all times. We express empathy with the individuals receiving a service in order to understand and meet their needs.

WELLBEING

In order to address happiness and well-being we provide a wide range of person-centred activities and services.

SUSTAINABLE

We operate sustainably in our community - environmentally and financially, to maintain a thriving culture, language, community and environment.

EMPOWER

Developing the individual and the community to their full potential is the motto of Antur and we aim to empower the local economy and protect the environment.

PPROFESSIONAL

The organisation is effectively led and managed by a Board and experienced officers with an entrepreneurial approach to providing quality services.

- Providing meaningful work and activity and opportunities for progressive training in an environment supportive of under-privileged individuals and individuals with disabilities.
- Providing high standard housing and offering support and respect to encourage individuals to live full and independent lives as tenants.
- Providing sustainable plans and professional services for reusing and recycling in north Wales in cooperation with statutory and private organisations.
- Developing models of person-centred planning and promoting Active Support in the individuals' personal plans, and ensuring that the process continues throughout Antur's activities and work.
- Promoting the concept of integration and healthy living in all aspects of services and activities in order to address good health, well-being and happiness which meets the individuals' needs.
- Providing accessible facilities for visitors, customers and the local community, and promoting interest and sustainable sources of income from our activities and sites.
- Developing sustainable activities that are compatible with the needs of the Waunfawr and Caernarfon area and supporting the wider community, and protecting the environment.
- Forming a new well-being centre and hub for our cycling business in Porth yr Aur, Caernarfon.
- Being an exceptional and progressive employer, and promoting the local language, culture and economy.

Well-being statement

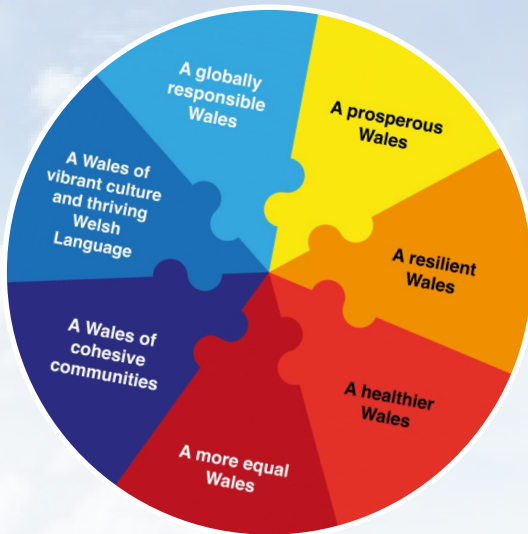
The promotion of wellbeing, good health, happiness and enabling individuals, will be the focus for Antur Waunfawr and its future services.

Providing care, active support, training and meaningful work opportunities - effectively and commensurately to meet the needs of adults with learning disabilities as well as disadvantaged people locally.

As a social enterprise, Antur Waunfawr will address the social, environmental, economic and cultural needs within the local community – in partnership, through the medium of Welsh or his/her preferred language.

Our aim is to create an innovative, equal, productive and low carbon society by nurturing a family of sustainable local businesses – from grass roots activity to striving for resilient communities and wellbeing for all.

The Well-being of Future Generations Act (Wales) 2014



Sites and projects

100+

Members of staff
employed by
Antur Waunfawr.

70+

Individuals supported
by Antur
Waunfawr.

CAERGYLCHU
(CAERNARFON)

RECYCLING CENTRE
CONFIDENTIAL
SHREDDING

WARWS WERDD
(CAERNARFON)
SECOND HAND
FURNITURE SHOP
CLOTHES SHOP
WORKSHOP

BEICS ANTUR
(CAERNARFON)
ADAPTIVE BIKES
BIKE HIRE & SHOP
BIKE REPAIR

BRYN PISTYLL
(WAUNFAWR)
HEAD OFFICE
BLAS Y WAUN CAFÉ
CRAFTS SHOP
VEGETABLE GARDEN
PLAY AREA
SUPPORTED HOUSING
MULTIPLE NEEDS

BRYN PISTYLL SITE

We continue to grow vegetables and fruit in the vegetable garden and polytunnel all year round for use in the café and houses.



We held another Apple Appeal and sold out of cider at Caernarfon Food Festival! We are looking to increase our brewing capacity to respond to demand.



Our handmade Christmas wreaths proved very popular again.



We saw increased demand for our complex needs service, and provided support for an additional 3 individuals during the year.



The individuals received 'Touch Trust' sessions through Grŵp Llandrillo.



Meals on Wheels

Later in the year as Covid-19 took hold, we offered a hot 'Meals on Wheels' delivery service for residents in the village, who were shielding or isolating, and we hope to provide this service long term.

Developing accessibility

We are looking to make the site more accessible by adapting a suitable parking area for the minibus, and transforming one of the uneven and unused areas into a suitable area to hold outdoor activities.



WARWS WERDD

Warws Werdd is a purpose-built building for the re-use and recycling of furniture.

40

The number of tonnes of furniture diverted from landfill sites.

149

The number of tonnes of clothes collected from local banks and bins.

68

The number of schools and organisations we work with as part of our Clothing Project.

CAERGYLCHU

A partnership with Gwynedd Council, which includes a materials recycling centre, and is home to Antur's confidential paper shredding service.

15k

Number of waste paper sacks collected and recycled during the year.

1383

The number of tonnes of plastic, paper and cartridges collected and recycled.

11

The number of individuals with learning disabilities supported in Caergylchu.

BEICS ANTUR & THE WELLBEING LOFT

PORTH YR AUR

The Porth Yr Aur site on Caernarfon High Street was purchased in December 2017, as a permanent location for Beics Antur and to increase the capacity of the hire shop and workshop, and also with the intention of developing it into a health and well-being resource for Antur Waunfawr individuals and the wider community.

Following the appointment of Donald Insall Associates architects in January 2019 to lead the Design Team, design work commenced immediately.

The building will measure 300m², with a second floor 105m². It will be fully accessible and designed with the needs of a wide range of individuals in mind. The ground floor will include a reception area and a bike hire shop as well as adaptive bikes, a workshop for repairs and servicing, as well as an accessible toilet, office and small kitchen. There will be a lift to the first floor, which will include a Wellbeing Loft - a multi-purpose studio for all types of health and well-being activities, and a unique sensory room.

In December 2019, following a tender process led by the architects, MPH was appointed for the construction contract. Work commenced on site on the 13th of January, 2020 with an original work program of 23 weeks. As a result of Covid-19, work ceased for a period on March 25, 2020, which had an impact on the work program. Our hope now is that the building will be ready by November 2020.

£640 drwy was collected towards the Wellbeing Loft via Crowdfunding

A project worth £1 million...
£500k of grant funding was secured from:

- Community Facility Program, Welsh Government
- Social Business Growth fund, WCVA
- Architectural Heritage Fund
- Integrated Care Fund - Capital
- Garfield Weston Foundation

GREEN SHED

In 2018 we received a grant of £300,000 from the Welsh Government to develop a Green Shed in partnership with Gwynedd Council to improve infrastructure and increase the county's recycling and reuse tonnage. Following a tender process, Ymgynghoriaeth Gwynedd Consultancy was appointed for the design and project management work, and the development work has been progressing.

The 360m² shed, with a 260m² second floor, will be built on land owned by Antur, behind Warws Werdd in Cibyn.

The ground floor will include a workshop with adjustable benches for wheelchair users, and lightweight machines for individuals with muscle weakness. The first floor will be split into 3 or 4 units, with flexible spaces for recycling and reuse projects. This can also be an educational space for community groups and schools. The building will be accessible, with a lift and support facilities, and be designed with a wide range of special needs in mind.

Over the coming months Antur will be consulting with individuals on the autistic spectrum, families and specialists to ensure that the project addresses the needs of individuals on the spectrum, as well as developing suitable employment opportunities in the Green Shed.



Health & wellbeing

Health and well-being is core to all our work and activities. In addition to day-to-day work, we took part in various activities, including

- A walk from Bangor to Moelyci
- 2 Sport Days with Coleg Menai
- A nature walk in Caernarfon
- Litter pick in Dinas Dinlle



Llanrwst Eisteddfod

Antur Waunfawr individuals had the opportunity to perform on stage at the Conwy County Eisteddfod in Llanrwst; it was a great experience, and they all enjoyed performing in front of an audience.



Celebrating 35 years at Antur Waunfawr

It was a special year for Antur Waunfawr, celebrating 35 years. To mark the occasion, a special concert was organised at Galeri Caernarfon with a performance by Gruff Rhys. Antur Waunfawr individuals performed on stage accompanied by Annette Bryn Parri, and received huge applause from the audience. The gig had sold out, with all the ticket money raised going towards our Porth yr Aur well-being project. During the day, before the concert, a special Summer Fair was held, with music, food and drink, produce for sale and entertainment.



Training & development

Antur has a comprehensive Training and Development programme which meets the requirements of our services for vulnerable adults. The main statutory training includes:

- Safeguarding Level 2 & 3
- Medication training
- NVQ 2, 3 and 5 in Care
- Dementia Jewel
- Behaviour Support
- First Aid
- Autism Awareness
- Level 2 and 3 Food Hygiene
- Leadership and Management



In addition to this training, Health and Wellbeing training has been provided to all Antur staff by 'RCS Wales' who provide support to employers and staff on a cross section of Health and Wellbeing issues. These sessions focused specifically on Mental Health and Substance Misuse.

Partners

Collaboration with partners continued during the year. Partners include:

- Social Services
- Ysgol Pendalar and Ysgol Hafod Lôn
- Coleg Menai and Coleg Meirion-Dwyfor
- Bangor University
- DementiaGo
- Age Cymru Gwynedd a Môn
- Disability Sport Wales... .. and more.

We are also part of the Bangor University KESS Project and work with a PhD student on research regarding Active Support Work Programmes. As a result of this project, an Active Support Conference was held in partnership with Bangor University, Ysgol Pendalar and Ysgol Hafod Lôn. Information on our health and well-being activities and work opportunities were presented by Deputy Health and Wellbeing Managers Siân Williams and Dewi Jones, and the feedback on the day was very positive.

The ISO 14001 and ISO 9001 accreditation was again successfully held following a detailed process and internal verification work. Our hope is that the process and its associated systems will benefit us when bidding for future contracts and tenders.

Marketing & events



Antur was highly commended for the Outstanding Trustees Award at the Welsh Charity Awards hosted by the WCVA at the National Museum Cardiff



Antur welcomed Welsh learners from Nant Gwrtheyrn, and also attended Nant Gwrtheyrn's annual Christmas Fair

Antur Waunfawr held an open day for parents, carers and individuals, in partnership with Caernarfon Food Festival



followers on social media.
An increase of 2681 since 2018-2019

A partnership with the Youth Club

During the past year, Antur Waunfawr has been working in partnership with the Police and Youth Services to tackle anti-social behavior in the village. The café was open on a Thursday evening, with local young people attending a youth club. It was a great success, and a number of joint events were held to raise money, including their attendance at our Summer Fair, and taking part in evenings such as Hallowe'en pumpkin carving, the Christmas lights switch on in the village and several other events.





Board Members

Mr. Rhys Evans	Chair (September 2019)
Mr. Huw Ynyr	Vice-chair (September 2019)
Mr. Kevin Hughes	Treasurer
Mr. Geraint Strello	Member
Mr. Norman Williams	Member
Mr. Daron Harris	Member
Dr. John Prys Morgan Jones	Member
Mrs. Sara Mair Tomos	Member
Mrs. Anna Ll Williams	Member
Mrs. Lowri Huws Jones	Member
Mr. John Gwynedd Jones	Member
Miss. Gwen Tomos	Member (May 2019)
Ms. Menna Jones	Secretary

The Management Team

Menna Jones	Chief-Executive
Stephen Goodwin	Senior Manager Day and Residential Services
Ellen Thirsk	Senior Manager Human Resources
Haydn Jones	Senior Manager 3 Green Businesses
Sioned Hughes	Finance Manager
Gwenlli Mai Wynne	Rheolwraig Datblygu Busnes
Elain Hughes	Rheolwraig Datblygu Busnes