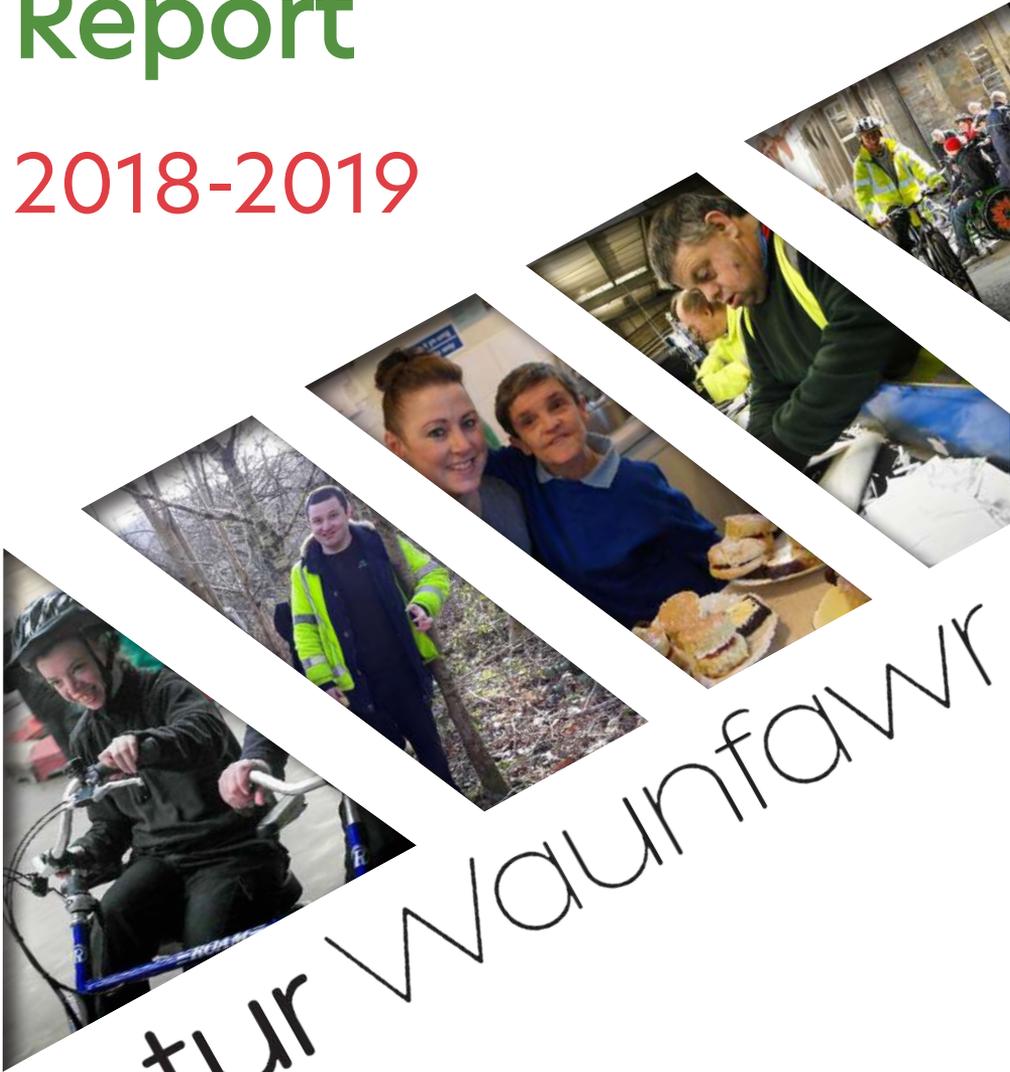


Annual Report

2018-2019



Antur Waunfawr



@AnturWaunfawr



Antur Waunfawr

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A word from the chief-executive



I do hope you'll enjoy reading this Annual Report which summarises the main achievements of our projects and events throughout the year. The focus was on health and wellbeing and the work undertaken by our 3 green businesses, but we also had plenty of fun and enjoyment. We are extremely proud of the effort and dedication of everyone at Antur, and the success of the enterprise belongs to everyone. We look forward to 2020 with confidence, with the aim of achieving the same high standards of service, and will provide additional experiences and opportunities for the existing workforce, whilst also welcoming new people.



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Aims and objectives

- Providing meaningful work and activity and opportunities for progressive training in an environment supportive of under-privileged individuals and individuals with disabilities.
- Providing high standard housing and offering support and respect to encourage individuals to live full and independent lives as tenants.
- Providing sustainable plans and professional services for reusing and recycling in north Wales in cooperation with statutory and private organisations.
- Developing models of person-centred planning and promoting Active Support in the individuals' personal plans, and ensuring that the process continues throughout Antur's activities and work.
- Promoting the concept of integration and healthy living in all aspects of services and activities in order to address good health, well-being and happiness which meets the individuals' needs.
- Providing accessible facilities for visitors, customers and the local community, and promoting interest and sustainable sources of income from our activities and sites.
- Developing sustainable activities that are compatible with the needs of the Waunfawr and Caernarfon area and supporting the wider community, and protecting the environment.
- Forming a new well-being centre and hub for our cycling business in Porth yr Aur, Caernarfon.
- Being an exceptional and progressive employer, and promoting the local language, culture and economy.

Our values

RESPECT

We show respect for individuals with learning disabilities, staff, the public, the community and our culture at all times. We express empathy with the individuals receiving a service in order to understand and meet their needs.

WELL-BEING

In order to address happiness and well-being we provide a wide range of person-centred activities and services.

SUSTAINABLE

We operate sustainably in our community - environmentally and financially, to maintain a thriving culture, language, community and environment.

EMPOWER

Developing the individual and the community to their full potential is the motto of Antur and we aim to empower the local economy and protect the environment.

PROFESSIONAL

The organisation is effectively led and managed by a Board and experienced officers with an entrepreneurial approach to providing quality services.

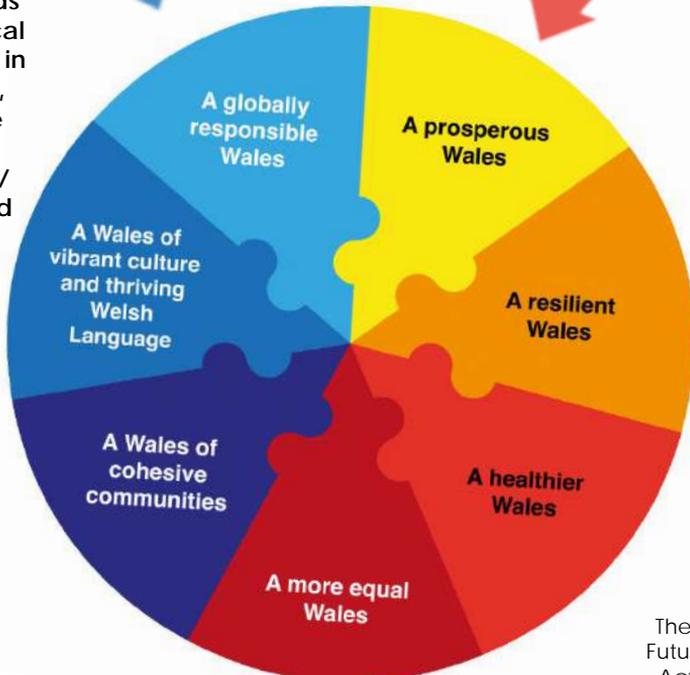
Well-being statement

Our aim is to create an innovative, equal, productive and low carbon society by nurturing a family of sustainable local businesses – from grass roots activity to striving for resilient communities and well-being for all.

The promotion of well-being, good health, happiness and enabling individuals, will be the focus for Antur Waunfawr and its future services.

Providing care, active support, training and meaningful work opportunities - effectively and commensurately to meet the needs of adults with learning disabilities as well as disadvantaged people locally.

As a social enterprise, Antur Waunfawr will address the social, environmental, economic and cultural needs within the local community – in partnership, through the medium of Welsh or his/her preferred language.



The Well-being of Future Generations Act (Wales) 2014

Sites and projects

107

Members of staff
employed by
Antur Waunfawr.

CAERGYLCHU
(CAERNARFON)
RECYCLING CENTRE
CONFIDENTIAL
SHREDDING

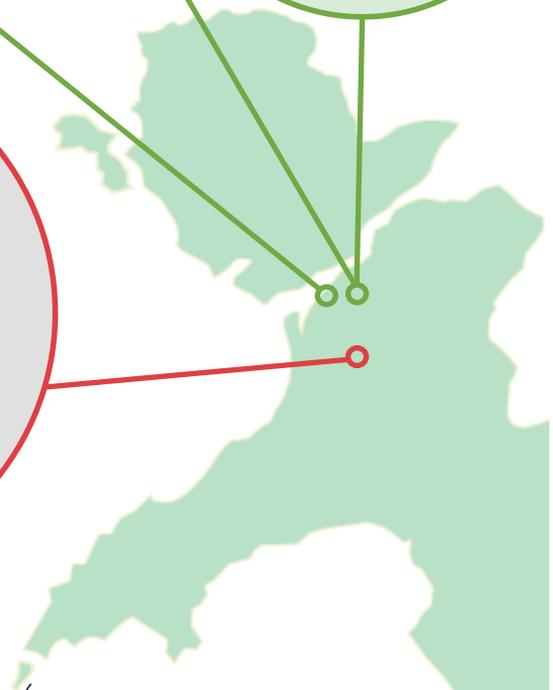
67

Individuals supported
by Antur Waunfawr.

BEIGS ANTUR
(CAERNARFON)
ADAPTIVE BIKES
BIKE HIRE & SHOP
BIKE REPAIR

WARWS WERDD
(CAERNARFON)
SECOND HAND
FURNITURE SHOP
CLOTHES SHOP
WORKSHOP

BRYN PISTYLL
(WAUNFAWR)
HEAD OFFICE
BLAS Y WAUN CAFÉ
CRAFTS SHOP
VEGETABLE GARDEN
PLAY AREA
SUPPORTED HOUSING
MULTIPLE NEEDS



BRYN PISTYLL WAUNFAWR

The wheelchair swing at Antur Waunfawr is unique in Gwynedd.



One of the highlights for Antur individuals was the production of Perllan y Fro cider and apple juice, following generous contributions after our 'Apple Appeal' on Radio Cymru and 'Heno' S4C.



There are now 4 supported houses at Waunfawr, home to 8 individuals.



The profound needs service provides leisure, social and therapeutic opportunities. We now provide support to 13 individuals.



Blas y Waun Café

As well as a café open to the public 5 days a week, the café also provides buffets for events and a monthly lunch for the elderly in the area. Over the year, they have continued to offer Active Support to the individuals, offering opportunities to contribute to food preparation and other general tasks in the café.



The gardens

Vegetables and fruit are grown for use in the café and there are a range of work and training opportunities for individuals with learning disabilities, including brewing cider and pressing fresh apple juice.

WARWS WERDD

Warws Werdd is a purpose-built building for the re-use and recycling of furniture.

3 Green Businesses

313

The number of tons of materials diverted from landfill sites.

67

The number of clothes bins and banks in local centres, including schools and nurseries.

16

The number of individuals with learning disabilities who are supported at Warws Werdd.

CAERGYLCHU

A partnership with Gwynedd Council, which includes a materials recycling center, and is home to Antur's confidential paper shredding service.

16.8k

The number of waste paper sacks treated and recycled during the year.

1598

The number of tons of plastic, paper and cartridges collected and recycled.

9

The number of individuals with learning disabilities who are supported at Caergylchu.

BEICS ANTUR

Antur Waunfawr's bike shop, which hires, sells and repairs bikes. There is also a fleet of adaptive bikes suitable for individuals with disabilities.

Beics Antur officially moved to its new home in Porth yr Aur in May 2018 and a new manager was appointed to lead the project.

The new building will include accessible access to both floors, with a well-being loft and a sensory room. A procession was held through the town with Antur Waunfawr individuals cycling on adaptive bikes from the Slate Quay around the Castle and along Palace Street to Porth yr Aur.



753

The number of people who have taken part in the consultation process for the new project.

3

Individuals with learning disabilities have received work and training at Beics Antur.

5500

The number of hours that bikes were hired for during 2018-19.



Health & well-being

During the year, there was an opportunity to apply again for a grant from the Integrated Care Fund. After applying in partnership with Gwynedd Council we received a grant of £50k. This money funded a Health and Well-being project, to offer Antur Waunfawr individuals increased health and well-being activities.

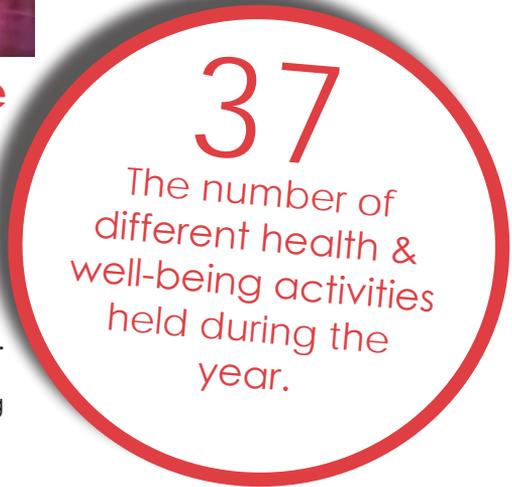


I like going on the side by side bike, it makes me feel powerful, it's awesome!
Antur Waunfawr individual



A special performance

Following singing sessions with Annette Bryn Parri over the last few years, Antur Waunfawr individuals had a special opportunity to perform a Tonic session at Galeri Caernarfon. Annette devised the performance, and performances were based on the individuals' favourite songs. Many thanks to Annette for all her hard work; to the group at Antur for rehearsing for the show, and to Galeri for giving us the opportunity to perform on stage.





Cycling is an experience many of us have as a child and take it for granted. Not everyone can use a regular two-wheeled bike. Before Beics Antur opened we had to travel as far as Wrexham to hire adapted bikes. Having a shop in our local area means that adults with disabilities have the same opportunity as everyone else, without having to travel for miles and be charged very high prices. The scenery around Caernarfon is lovely when travelling by bike.

Profound needs
Senior Support Worker



A day out at the Anglesey Show - all Antur Waunfawr individuals were invited.



Taking part in a boccia tournament at Porthmadog Leisure Centre.



Horse-riding sessions at Snowdonia Riding Stables.



Doniau Cudd performing at Antur's Summer Fair.

Training & development

Antur has a comprehensive Training and Development programme which meets the requirements of our services for vulnerable adults. The main statutory training includes:

- Safeguarding Level 2 & 3
- Medication training
- NVQ 2, 3 and 5 in Care
- Dementia Jewel
- Behaviour Support
- First Aid
- Autism Awareness
- Level 2 and 3 Food Hygiene
- Leadership and Management

Partners

Collaboration with partners continued during the year. Partners include:

- Social Services
- Ysgol Pendalar and Ysgol Hafod Lôn
- Coleg Menai and Coleg Meirion-Dwyfor
- Bangor University
- DementiaGo
- Age Cymru Gwynedd a Môn
- Disability Sport Wales... .. and more.

We are also part of the Bangor University KESS Project and work with a PhD student on research regarding Active Support Work Programmes. The purpose of the project is to look at how to develop living and employment skills for young adults with learning disabilities, including the transition from local schools.

22
work experience
placements from
schools, colleges
& universities

428
of hours via the
Probation Service

2490
of volunteering
hours in 2018-19

The ISO 14001 and ISO 9001 accreditation was again successfully held following a detailed process and internal verification work. Our hope is that the process and its associated systems will benefit us when bidding for future contracts and tenders.

A cycling session with Age Cymru Gwynedd a Môn



Marketing & events

Antur Waunfawr won the Social Business Wales Care Award 2018 and was a finalist for the UK Social Business Care Award at the Guild Hall, London.



Antur had a successful stall at Caernarfon Food Festival, selling Perllan y Fro cider and homemade cakes.



We held a procession from the old Beics Antur site to our new site in Porth yr Aur. The event received lots of media coverage and featured on 'Heno' S4C.



8666 Followers on social media. An increase of 2660 on 2017-2018

An important visit

One of the highlights of the year was a visit from representatives of the British-Irish Council who were observing social enterprises. The group was given a tour around Antur by site managers, and the chief-executive gave a presentation. Blas y Waun café then prepared a Welsh menu for them, and a bag of gifts to take home including a bottle of Perllan y Fro cider.



Opportunities & developments



P O R T H Y R A U R

Porth yr Aur offers new opportunities for our beneficiaries, visitors and tourists - cycling, walking, independent travel, sport and well-being from Caernarfon town centre, and along the Foryd and the Menai / Gwyrfai trails. The first floor of the building will be a new health and well-being resource. It will compliment the Active Travel Act and strengthen the heart of the Welsh-speaking community in the town, contributing to the vision of creating a Million Welsh Speakers and a thriving local economy.

£273k of grant funding has been secured for the project: Community Facilities Programme, £226k; Garfield Weston Foundation, £25k and Architectural Heritage Fund, £22k.

G R E E N S H E D

It was announced on St David's Day that the bid for £300,000 of capital funding from the Welsh Government had been successful. We will be working with Gwynedd Council and Welsh Circular Economy on a 'green shed' project. Antur Waunfawr will compliment our Warws Werdd project by adding a building for re-use and recycling activities on land owned by Antur behind the Warws Werdd.





HOLIDAY BUNGALOW

Construction of the bungalow is underway at the Bryn Pistyll site, with the intention of providing accessible holiday and respite accommodation. This is a good opportunity to develop Antur's role in the tourism sector. The bungalow will be furnished to 4 star standards, suitable for individuals with disabilities and their families. Antur was also successful in a bid to Arloesi Gwynedd Wledig to fund a digital bungalow project. £12,000 was received to fund technological elements that will help meet the needs of individuals with disabilities.

The tourism / outdoor activities market in Wales is worth **£481m** to the economy

Antur Waunfawr is working in partnership with local textile artist Cefyn Burgess, who will be supplying textiles for the bungalow and offering interior design advice. A grant of £20,000 was received from the Clothworkers' Foundation in 2017 to help furnish the bungalow.





Board Members

Mr John Gwynedd	Chair
Mrs Anna Lloyd Williams /	Vice-Chair
Mr Rhys Evans	Vice-Chair (from Sep 2018)
Mr Kevin Hughes	Treasurer
Ms Menna Jones	Secretary
Mr Huw Ynyr	Member
Mr Norman Williams	Member
Mr Geraint Strello	Member
Mrs Mererid Llwyd	Member
Mr Daron Harris	Member
Dr John Prys Morgan Jones	Member
Mrs Sara Mair Tomos	Member
Mr Rhys Evans	Member
Mrs Lowri Huws Jones	Member

Management Team

Menna Jones	Chief-Executive
Huw Davies	Deputy Chief-Executive
Stephen Goodwin	Senior Manager Day and Residential Services
Ellen Thirsk	Human Resources Manager
Haydn Jones	Recycling Manager
Sioned Hughes	Finance Manager
Gwenlli Mai Wynne	Green Business Development Manager